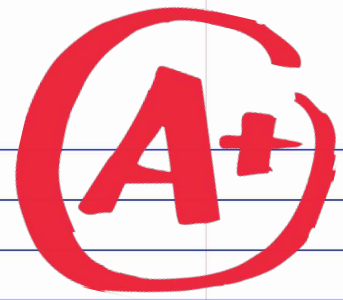


Finals Week Guide!



Stay Organized!

-Set aside time for each each class and write down what you need to study in each class.

Study!

-Study in groups with applications such as Zoom or FaceTime.

-Use resources such as Quizlets and study guides to help you prepare for tests.

Be Healthy!

-Eat healthy and exercise to help boost your overall energy, concentration, and creativity.

-Maintain a good sleep schedule by sleeping at least 8.5 hours each night.

Create a Workspace!

-Designate a place to study, complete daily homework, and to take finals. It should be distraction free, have ample room available, and most importantly is comfortable.

Happy studying from SADD!

#BA SADD #WEAREBA #TOGETHERWEFLY

